

Greater Toronto Area Psychological Services

Galalae, Kevin

PSYCHOLOGICAL PROGRESS REPORT

Name: Galalae, Kevin
Date of Birth: November 23, 1965
Date(s) of Treatment: September 9, 30, October 18, 2011
Date of Report: October 18, 2011

Based on my 3 psychotherapy sessions with Mr. Galalae, I would suggest that he has made significant progress in dealing with the stress and anxiety that were associated with his criminal and family court-related issues. He has been able to maintain an appropriate perspective on these issues, and has expressed a willingness to work with these systems in the manner that is to his benefit.

It is within my domain to re-affirm that the adjustment disorder with anxiety that I am treating Mr. Galalae for in psychotherapy is not a major mental illness, and his risk level to himself, family and the public at large remains at low. This is the level that I determined in a formal psychological risk assessment with him. The adjustment disorder is primarily due to the stress and anxiety of being separated from his children, the involvement he has had with the criminal justice and family court systems, and other personal psychosocial stressors such as his financial stressors. Based on my continuing clinical contact with Mr. Galalae, I have not discovered any delusional or paranoid thinking that is out of proportion with the reality of facts that he has discussed in psychotherapy with me.

Therapy is ongoing and future progress notes will be available as requested by the client (Mr. Galalae).

Sincerely Yours,



Bruce Cook, M.A., C. Psych. Assoc.
Reg. 4222 (Ont.)